

An elder teaches his disciple how to pray

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It is not necessary to mention the many

spiritual gifts one receives when talking to spiritual elders. It is self evident... We are talking about treasures whose huge benefit will only be revealed with the passing of time. At times like these, when we demolish rather than build spiritual values, all the more people recognize these assets and do not hesitate to seek spiritual fare derived from the experience of revered hermits. Thus we hear mellifluous words which truly 'stick' to the soul, calm and revive it. Nevertheless, whoever truly wishes to find such elders, may find them next to him. 'Whoever seeks...shall find'... Then it is certain that he will gain a lot... What follows is a story of a disciple who visits his elder in order to receive the benefits from prayer.

Going to my elder's cell today, I wanted him to speak to me about prayer, which is at the centre of a Christian's spiritual life.

- 'Bless me, my elder'. [\(περισσότερα...\)](#)