

1 Αυγούστου 2009

## **On Prayer (from «The Ladder» by St. John Climacus)**

[Ξένες γλώσσες / In English](#)



Блаженъ глаете. Дѣла мартин  
рїнішанна лѣстница пострѣ  
сѣдаже бо, к. лѣ. тоганъ приде  
деегокошанделантинъ. ста  
рецоже оумнозѣоучникъ цѣлш  
паемъ рѣкѣ. столъ зношѣже  
са того оучникъ степеданнѣ. ѿ  
пещи. глаголюста  
рецо. Ангѣлъ мена  
синаиска приде  
инозѣигоу  
мкоу моу. п  
мнозѣж  
лѣте бо  
нѣдѣ  
пощи  
чан  
по  
прѣстѣпѣщаѣ;



Срѣдоу сѣлѣтѣ. всакомъ сѣн  
дѣла бѣла, на чалѣ шиконѣ;



Prayer is by its very nature a dialogue and a union with God. Its effect is to hold the world together and to achieve a reconciliation with God. Prayer is the mother and daughter of tears. It is expiation of sin, a bridge over temptation, a barrier against affliction. It wipes out conflict, is the work of Angels and the nourishment of all bodiless beings. Prayer is the future gladness, an endless work, a wellspring of virtues, a source of grace, hidden progress, food for the soul, an illumination of the mind, an axe against despair, a proof of hope, sorrow done away with, the wealth of monks, the treasure of hesychasts, the reduction of anger, the mirror of progress, a demonstration of success, evidence of one's condition, the future revealed, and a sign of glory. For him who truly prays, prayer is the court, the judgment hall and the tribunal of the Lord before the judgment to come.

[\(περισσότερα...\)](#)