



St Ephraim the Syrian's Eighth Discourse

of Exhortation to the Monks of Egypt:

About the scandals which occur, we know one who said, Judge not, and you will not be judged; by the judgement with which you judge, you will be judged; and by the measure with which you measure, it will be measured out to you in turn. That you may have help in this thought, consider that the just Lot dwelt in Sodom, but was not led away with their pride and licentiousness; and so he was saved, as it is written, For that just man, living among them day after day, was tormented in his just soul by their lawless deeds. But he adds something when he says, The Lord knows how to deliver the godly from trials, and to keep the unjust under punishment until the day of judgement and so forth. So it is not a question of self-mastery and meekness to-day, and dissoluteness and pride to-morrow. Of stillness, vigil and humility to-day, and temptations, immoderate sleep and disobedience and suchlike things to-morrow. Of renunciation of the world, renunciation of earthly affairs, renunciation of fatherland and friends and parents according to the flesh to-day because of hope in the Lord, and tomorrow let us seek country and fatherland and inheritance, to sink ourselves in many evils.

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