

## THE SPIRIT OF TRUE CHRISTIANITY

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*Christ Pantokrator, Holy Trinity Cathedral, Pskov (1988).*

By Archpriest Paul O' Callaghan

In any form of religious belief, one of the most common questions is, "What does God (or the gods) require of us?" And of course, the different religions all answer that differently. In Judaism, for instance, keeping the 613 commandments of Moses is what God wants. In Islam, he requires one to pray 5 times a day, to abstain from pork and wine, to fast during Ramadan, and to make a pilgrimage to Mecca if possible. In the Sikh religion of India, men must wear a turban on their heads, read a six page prayer in the morning, and bathe in the holy pool in Amritsar as often as possible. [\(περισσότερα...\)](#)