

24 Απριλίου 2013

A Word on

[In English](#) / [Christianity](#)



Fr. George Calciu

Man today lives under such overwhelming pressure that his nerves are strained to the limit, and even the slightest provocation arouses in him the sin of anger.

Causes for anger could be the child who does not listen to us, or the husband or wife who contradicts us, or the driver who cuts us off with his car, or only seems to us to cut us off, giving a motive for us to be roused to anger.

Even if, through self-restraint, our anger is not outwardly expressed or is not heard by the one who provoked it, it is still a sin, because it harms our soul and our heart. It is an action against one's own self, under the temptation of the devil to be angry.

The savior warns us in severe terms concerning anger that gives birth to verbal conflicts and the use of abusive words. [περισσότερα...](#)