

## “These Truths We Hold” (Part XVI)

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### Great Lent and Pascha

The Feast of Feasts the Holy Pascha the Resurrection of the Lord-is the climax of the Church’s liturgical year and is also the most glorious, most joyful and bright festival of the Christian Church. On it Our Lord and Savior Jesus Christ arose as victor over death, destroying the power of death over man once and for all and annulling the curse pronounced upon man in Paradise. But, before the bright joy of Pascha, the Church has ordained a lengthy period of repentance and spiritual searching a period of preparation, so to speak the 40-day Great Lent.

The Forty Days of Great Lent commemorates Israel’s forty years of wandering in

the Wilderness the forty years of painful struggle as Israel longed for and then received entrance into the Promised Land (Ex. 16:35) Moses remained fasting on Mt. Sinai for forty days (Ex. 34:28) and the Prophet Elijah fasted for forty days as he journeyed to Mt. Horeb (1 Kings 19:8). Great Lent also recalls the forty days the Lord spent in the Wilderness after His Baptism, when He contended with Satan, the Temptor.

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