

## Thoughts and how to confront them (3)

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*The Temptation of Christ. Fresco of Botticelli in Capella Sistina, Vatican 1481-5*

*Hiermonk Benedict of Holy Mount Athos*

**[Continued from \(2\)](#)**

### **9. Blasphemous thoughts.**

In following, they attempt to infect the holy moments, such as those of prayer, and the Holy Eucharist, or by implanting in our minds thoughts of blasphemy against God.

Thus, this vile and impure being adores the moments of Holy Gatherings and especially the dreadful moments of the Holy Sacraments (The Holy Eucharist) in order to blaspheme the Lord and the Sacred Feasts. That is, when the ceremony of The Holy Eucharist takes place, Satan comes and implants in us various blasphemous thoughts. Thoughts such as: «The Holy Eucharist is not The Holy Body and Blood of Christ», and that «that which we go to receive in us is absolutely nothing»! Worthless! There are even more impure and wretchedly vile thoughts which one dares not mention.

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