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## The prayer of the heart (Elder Charalambos of Dionysiou)



/ Ξένες γλώσσες / Ρήματα ζωής

We say that mental prayer is for all Christians.

Mental prayer is also called prayer of the heart.

You ask if prayer spoken aloud can also be called prayer of the heart... Unless it's pure, neither mental nor spoken prayer can be called prayer of the heart.

» *Elder Charalambos of Dionysiou*

**Source:** [pemptousia.com](http://pemptousia.com)