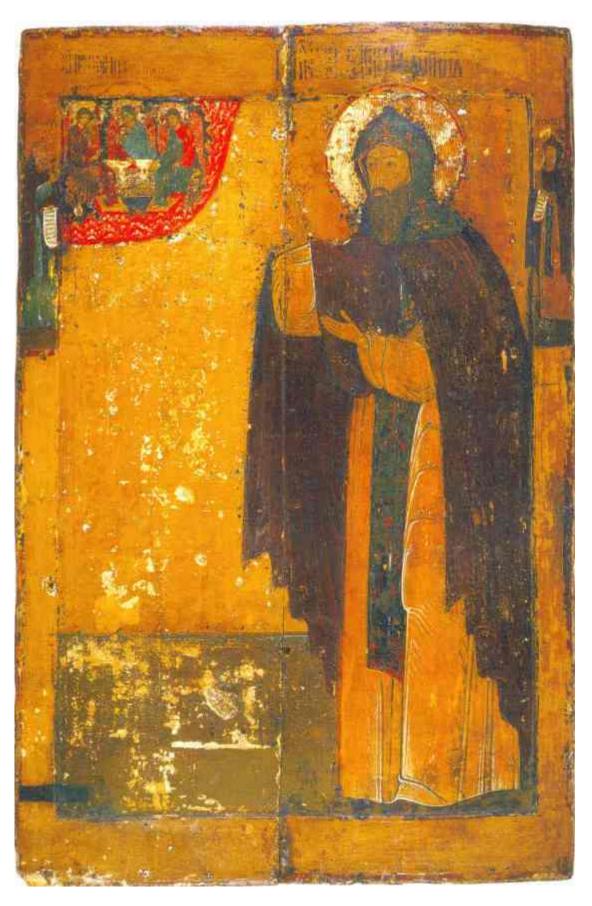
## **St. Ephraim the Syrian On Repentance**

<u>Ξένες γλώσσες</u> / <u>In English</u>



Grant forgiveness, O Lord, send also strength. Convert me, that I might live in sanctity, according to Thy holy will. Sanctify my heart that has become a den and

dwelling-place of demons.

I am unworthy to ask forgiveness for myself, O Lord, for many times have I promised to repent and proved myself a liar by not fulfilling my promise. Thou hast picked me up many times already, but every time I freely chose to fall again.

Therefore I condemn myself and admit that I deserve all manner of punishment and torture. How many times hast Thou enlightened my darkened mind; yet every time I return again to base thoughts! My whole body trembles when I contemplate this; yet every time sinful sensuality reconquers me.  $(\pi \epsilon \rho \iota \sigma \sigma \delta \tau \epsilon \rho \alpha...)$