

Heart and mind lifted (Elder Cleopa of Romania)

[Ξένες γλώσσες](#) / [In English](#) / [Words of Life](#) / [Ξένες γλώσσες](#) / [Ρήματα ζωής](#)

sheep-ups 300x250

People can pray without ceasing provided they're always standing before God in heart and mind.

They can be working with their hands, but have their heart and minds lifted up to God.

We have to understand that people's life is an uninterrupted prayer, when their intellect is turned to God.

» *Elder Cleopa Ilie [of Romania]*

Source: pemptousia.com