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## What is Clean Monday? How Do Eastern Orthodox Christians Celebrate Clean Monday?

[Ξένες γλώσσες / In English](#)



Clean Monday is the Monday that begins the season of Great Lent in Eastern Orthodox Churches. This corresponds to the season of Lent found in Western Christendom, but the periods of these two seasons are calculated differently. Both have 40 days between the beginning and end of Lent because of the 40 days Jesus spent fasting in the desert. [\(περισσότερα...\)](#)