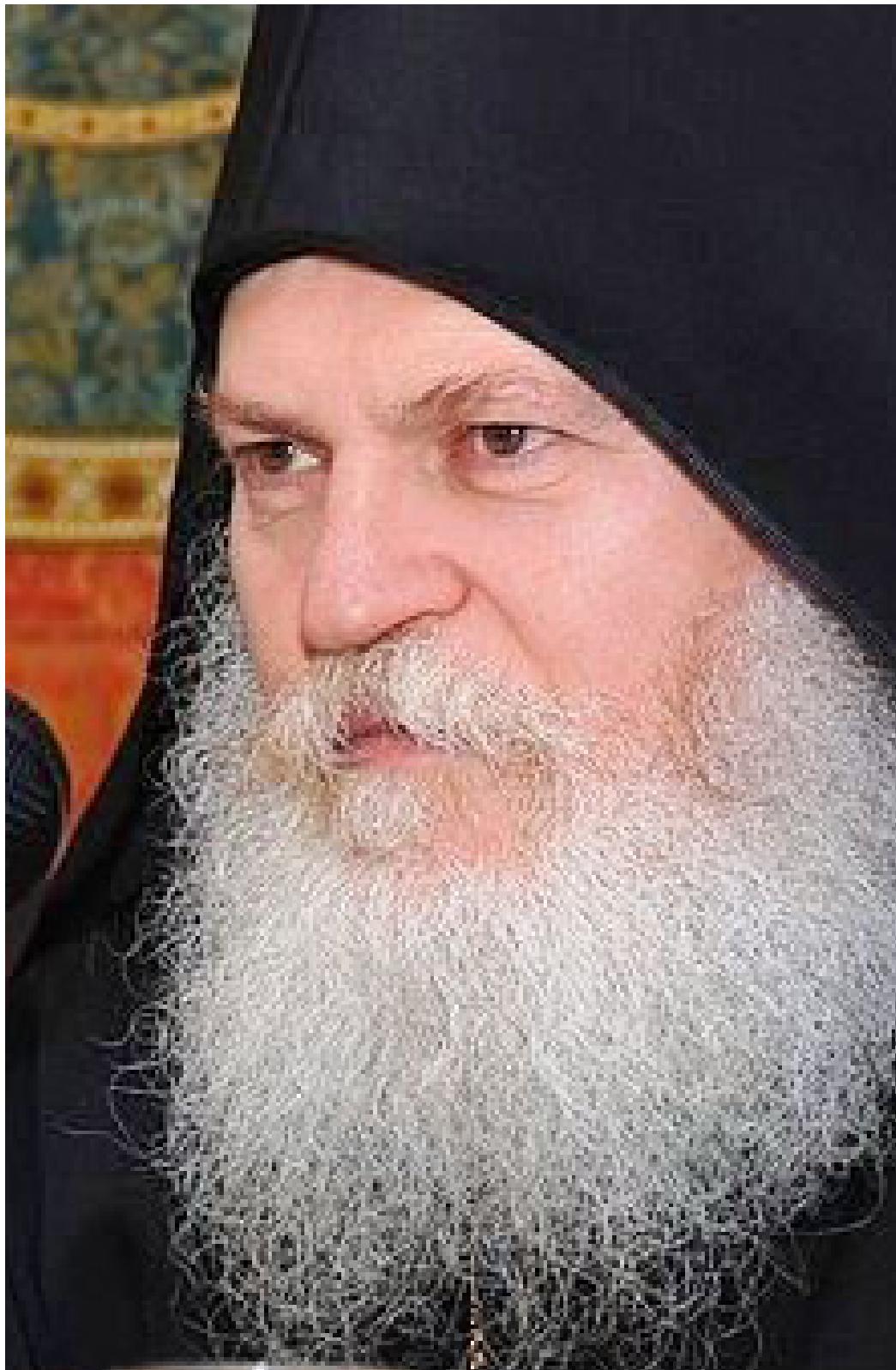


17 Σεπτεμβρίου 2015

# The Truth (Archimandrite Ephraim, Abbot of the Vatopaidi Monastery)

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It's a great thing to experience the truth.

And you know, the truth isn't an idea or a philosophy. Truth is a person, it's God.

Didn't Christ Himself say: 'I am the way, the truth and life'?

» Abbot Ephraim of Vatopedi

**Source:** [pemptousia.com](http://pemptousia.com)