

3 Νοεμβρίου 2015

## Peace is the health of the soul (Saint John of Kronstadt)



γλώσσες

Pride arises from a lack of self-awareness and

results in a hardening of the heart.

Acquire humility, then, and wrap yourself in it, as it were like a garment, in everything you do.

*Blessed Joseph the Hesychast*

**Source:** [pemptousia.com](http://pemptousia.com)