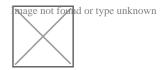
## Fruitlessly and harmfully

In English / The Ascetic Experience



We labor in vain, in vain, pointlessly and to our detriment when we attempt to acquire the sublime gifts of the spirit prematurely. Our merciful God gives them at the appropriate time to those who steadfastly, patiently and humbly observe the Gospel commandments.

«Saint Ignatius Brianchaninoff»

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