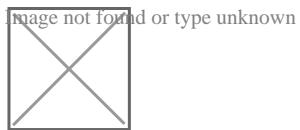


Strong eyes

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Just as a healthy eye desires the light, so, if fasting's undertaken with discretion, it's followed by a desire for prayer.

«Saint Isaak the Syrian»

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