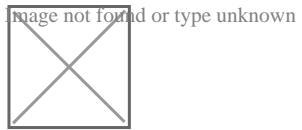


## Strong eyes (Saint Isaac the Syrian)

[Ξένες γλώσσες](#) / [In English](#)



[20160408.1](#) Just as a healthy eye desires the light, so, if fasting's undertaken with discretion, it's followed by a desire for prayer.