

19 Απριλίου 2016

## **Our breath (Thaddeus of Vitovnica)**

[Ξένες γλώσσες / In English](#)

Image not found or type unknown



We often forget that we're merely visitors passing through this life and should therefore live in ceaseless prayer, because prayer is the breath of our soul. Prayer attracts energy from the source of life, the Lord, Who guards, preserves and nourishes all living things.