

## St. Patrick's Breast-Plate (re-posted from 22/1/10)

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I bind to myself today

The strong virtue of the Invocation of the Trinity:

I believe the Trinity in the Unity

The Creator of the Universe.

I bind to myself today

The virtue of the Incarnation of Christ with His Baptism,

The virtue of His crucifixion with His burial,

The virtue of His Resurrection with His Ascension,

The virtue of His coming on the Judgement Day. ([περισσότερα...](#))