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It's a hard life (Elder Efraim Vatopaidinos)

[Ξένες γλώσσες / In English](#)

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Being a monastic isn't an easy life, it's hard and, as Saint John of the Ladder says: 'Monasticism is constant violence against nature'. In other words, it's a continuous struggle against nature. People can't easily accept this and 'not everyone can take this in'.