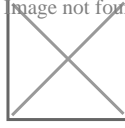


He's with you (Saint Theophan the Recluse)

[Ξένες γλώσσες / In English](#)

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When you're around other people and looking after your livelihood, try, at the same time, to think of God, to feel that He's close to you and guiding you in accordance with His holy will. In this way you won't be distracted from your inner task. Distraction is the first achievement of the devil. Try to free yourself from all bonds in your heart and from any distractions to your inner work. There's only one way to do this. Don't turn your attention away from the Lord and from the feeling of His presence.