

3 Απριλίου 2017

## **‘My soul, my soul’, Kontakion in the Great Canon (Gr. Daravanoglou) (Grigorios Daravanoglou)**

[Ξένες γλώσσες](#) / [In English](#)

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With the vocal resonance which is his hallmark, Archon Maestro of the Great Church of Christ, Grigorios Daravanoglou sings ‘My soul, my soul’ the famous kontakion of Great Lent and the Great Canon. It is one of the most moving troparia of the time of Great Lent, a period of purification and exaltation for all those who desire to be carried along, crucified and raised with Jesus Christ.

*My soul, my soul, arise. Why do you slumber? The end is nigh and soon you will be troubled. Be vigilant, then, that Christ your God may spare you, for He is everywhere present and fills all things.*

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