

It's the rudder (Elder Joseph of Vatopaidi)

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Discernment is a gift of the Holy Spirit, which is given as a prize to those who meticulously observe their conscience, to those who meticulously keep the divine commandments. Discernment is also the precise instrument of the Church, through which it governs its children in the turmoil and tempests of the stormy sea of life. It's the rudder of its ship, as it were.