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The spiritual alarm (Elder Efraim Vatopaidinos)

[Ξένες γλώσσες / In English](#)

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We all need to wake up and become spiritually vigilant. Spiritual vigilance is an important thing. We have an immortal soul. We have to go forwards, we have to find Christ. Saint Porfyrios used to say that Christ is everything, Christ is love, He's the Father, He's our friend, He's the essence of our life.