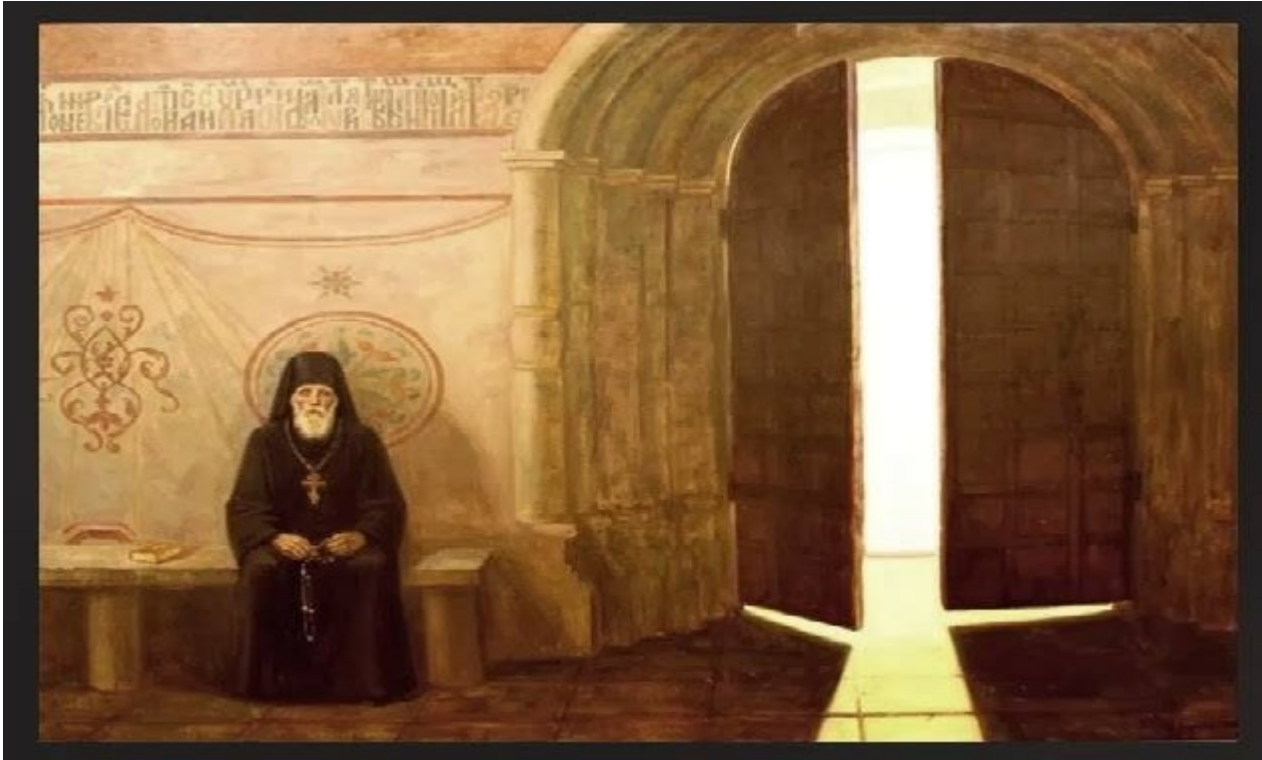


It needs a lot of attention (Elder Iakovos Tsalikis)

[Ξένες γλώσσες / In English](#)

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We should lead the spiritual life, be obedient to our spiritual guide, confess, take communion regularly, and, most important of all, avoid criticizing other people. We should read spiritual books and Scripture, the Psalter, and take part in beneficial, spiritual discussions. It needs a lot of caution, because the times we live in are difficult. We need to persist in prayer and obedience. We have to struggle.