

28 Σεπτεμβρίου 2017

## Put them behind you (Elder Iakovos Tsalikis)

[Ξένες γλώσσες / In English](#)

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If anything's troubling you psychologically, put it behind you. Our days should pass in peace and meekness. Don't worry, don't let it get to you and upset you. Worries eat away at people. Worries ate away at me and I fell ill with my heart and other things.