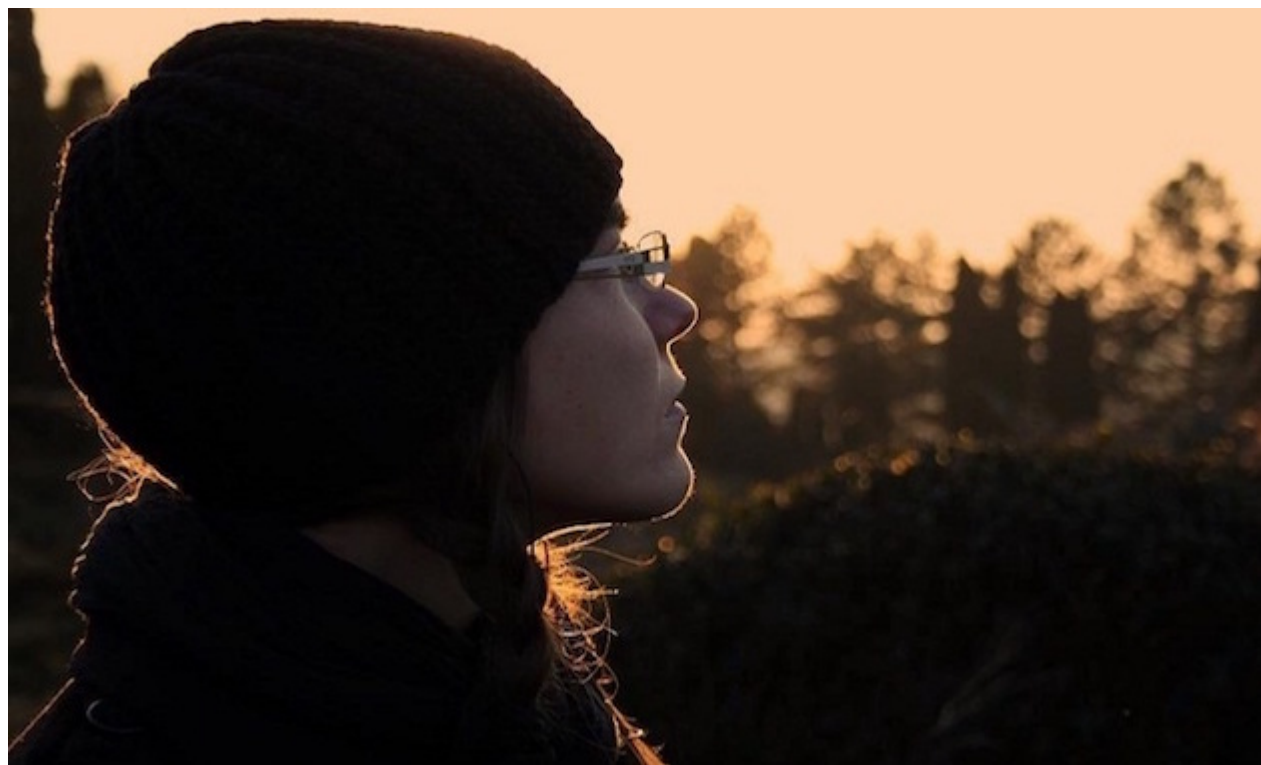
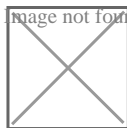


Practical lessons (Elder Joseph of Vatopaidi)

[Ξένες γλώσσες / In English](#)

Image not found or type unknown



There's no other factor that's so effective as the various afflictions, either deliberate or otherwise, which bring the mind to a humble outlook. The impossibility of its redemption teaches it in a practical manner just how insignificant and wretched it is. Then Christ words 'You can do nothing without me' (Jn.15, 5) become abundantly clear, and, with the help of Grace, the mind is transported to the real world of the kingdom above.