

It's not without importance (Saint Gregory the Theologian)

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Give something, however little, to those in need. Because even a little isn't without value for those who are deprived of everything, nor for God, provided it's commensurate you're your means. Instead of some great donation, offer your willingness. And if you really haven't got anything, weep. Heartfelt sympathy is a great medicine for those who've fallen on hard times. Genuine empathy is a balm in times of trouble.