## Gather your strength (Elder Ephraim of Arizona)

Ξένες γλώσσες / In English





In this world, son, people are divided into good and bad, rich and poor, educated and uneducated, polite and rude, clever and stupid. But they all have one thing in common: pain.

When you're in pain, son, gather all your spiritual powers and try to understand the purpose of the pain, because through it God's opening the heavens to you. Do you think that He Who numbers the hairs on your head doesn't know the measure of your pain? He does. So rest assured in our heavenly Father. Don't be disheartened. Together with Christ, you'll get through everything, because you'll become His heir, in the infinite riches of our common Father. Amen.