## It gives us courage (Elder Joseph of Vatopaidi)

<u>Ξένες γλώσσες</u> / <u>In English</u>





The Lord's uncreated Grace supports us like a mother and not only saves us from every calamity, but also comforts our spirit with the sweetness of its presence inspiring us with courage for new defences and attacks. In sufferings and trials in general, our sprit grows and our spiritual knowledge expands. 'In my sorrow you have saved me, giving respite to my soul'. (Ps.4, 1).