

Humility solves many issues (Saint Porphyrios of Kavsokalyvia)

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All the bad sentiments, insecurity, despair,

frustration that attempt to take over the soul, flee away if you're humble.

If you don't have humility, if you're an egotist, you don't want your will to be thwarted, you don't want admonition, you don't want remonstrance. You worry, get cross, rebel, react, and you're overcome with despair.

» *Venerable Porphyrios of Kavsokalyvia*