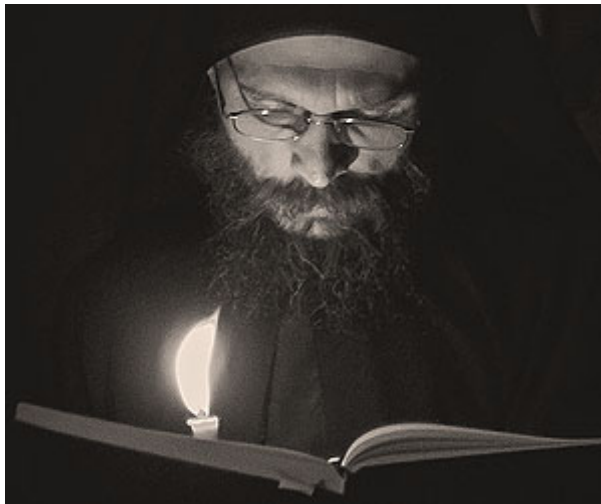
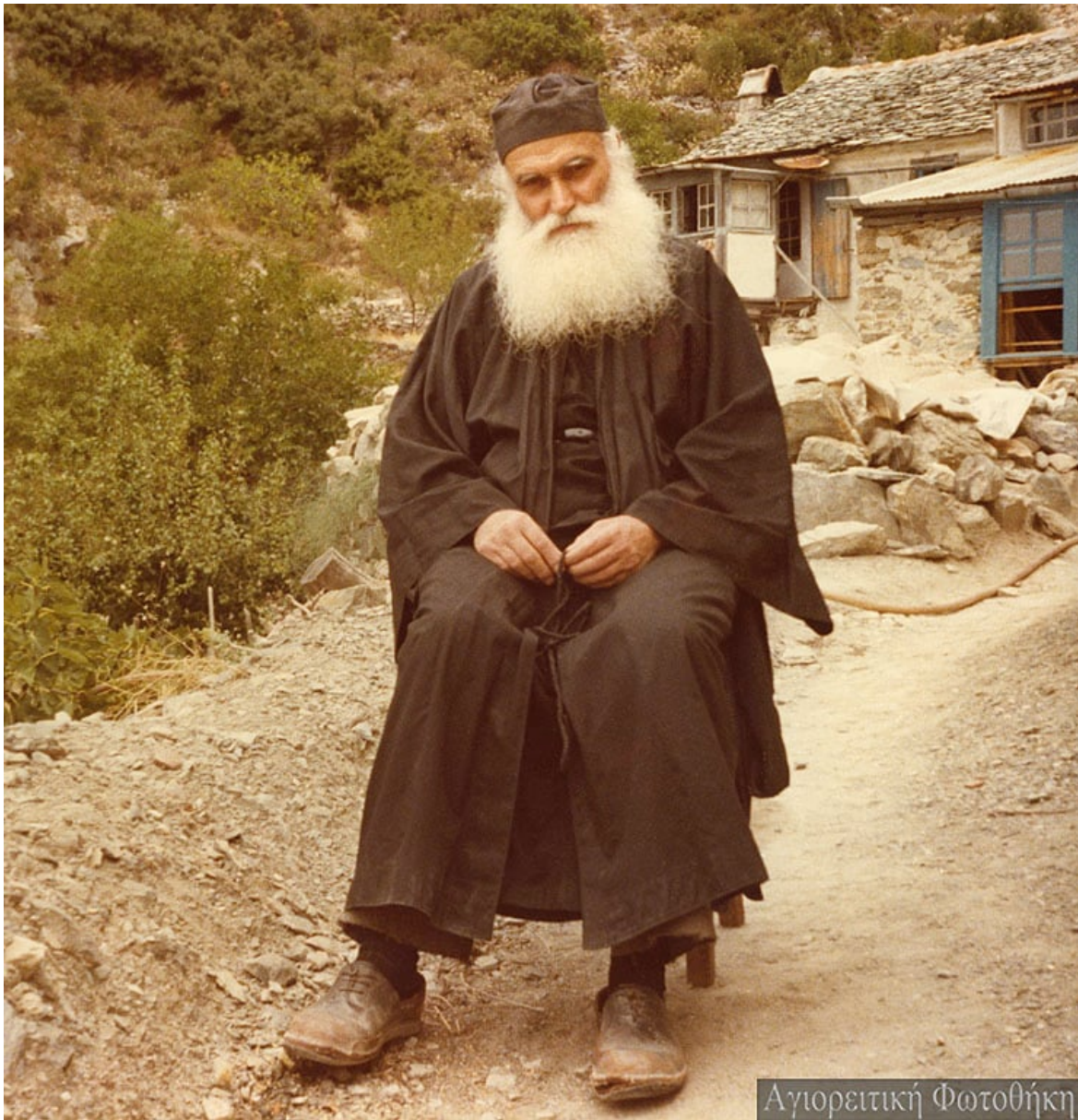


28 Αυγούστου 2018

## Prayer and good state (Elder Ephraim of Katounakia)

[Ξένες γλώσσες / In English](#)





Say the prayer, say the Jesus prayer and that'll bring you into such a good state that however much you think about it, you can't think about it.

» *Elder Ephraim of Katounakia*