

## Get to know your nature (Saint Basil the Great)

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Examine yourself.

See who you are.

Get to know your nature, that is that the body's mortal, but your soul's immortal.

Don't ask for superiority, but rather that you can recognize the equality of nature and can love, that you should be equal to those who seem in some way to be

inferior to you.

*Saint Basil the Great*