## They're blinded by them (Saint Mark the Ascetic) Ξένες γλώσσες / In English



Everything good or evil which happens, begins from a thought. And gradually nourished by thoughts and small movements of the heart, it grows, takes on

existence and becomes an act. Those who slavishly follow their sinful thoughts, become blinded by them. And whilst they can see the sins towards which the thoughts have led them, because of their blindness they can't see the reasons for their sins, which are the thoughts.