



we must pray for His help, we must humble ourselves when we stray, we must accept the fact that we are weak and not become exasperated with ourselves. We are incapable of conquering, so why demand of ourselves that which the Lord alone can give? Why bemoan the fact that we are unable to rise above ourselves? Such demands for spiritual perfection reveal our pride. Let us wait for all things from the One Lord and use our failures and sinfulness to fervently humble ourselves.