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They're wrong (Elder Efraim Vatopaidinos)

[Ξένες γλώσσες / In English](#)



We must have joy. Doctors and psychiatrists say that joy's a mental phenomenon. No, they're wrong. Joy's a spiritual phenomenon. People go to the cinema to laugh

and then, when they come out, they return to their problems. What did they gain by watching a film for all that time? Those who confess and take communion have joy within themselves because Christ's in their heart. This is why joy's a spiritual phenomenon.