

21 Ιανουαρίου 2019

## Short and easy way (Saint Silouan the Athonite)

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Here's the shortest and easiest path to salvation: Be obedient, restrained, don't judge, and guard your heart and mind against wicked thoughts. Think well of

everyone and bear in mind that the Lord loves them. Because of these humble thoughts, the grace of the Holy Spirit will dwell in your heart and you'll say: 'The Lord is merciful'.