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## The Struggle for True Communion

[Ξένες γλώσσες / In English](#)



For many Protestants (and some others) whose Church experience has largely been shaped in the past few decades, one of the most disconcerting aspects of a first visit to an Orthodox Church is the fact that not everybody, not all Baptized Christians, are permitted to receive communion. Indeed, communion is restricted to Orthodox Christians who have made preparation to receive (that's another topic). For some, this is a surprise, for others, not, and for still some few, this is a welcome fact. When I first visited an Orthodox Church I fell into this last group. I did not rejoice that I was not able to take communion, but I rejoiced that I was not allowed to (in the state of schism in which I was living). Someone was saying to me, "There are things in your Christian life that must be addressed before you approach the Cup." I understood this as healthy. ([περισσότερα...](#))