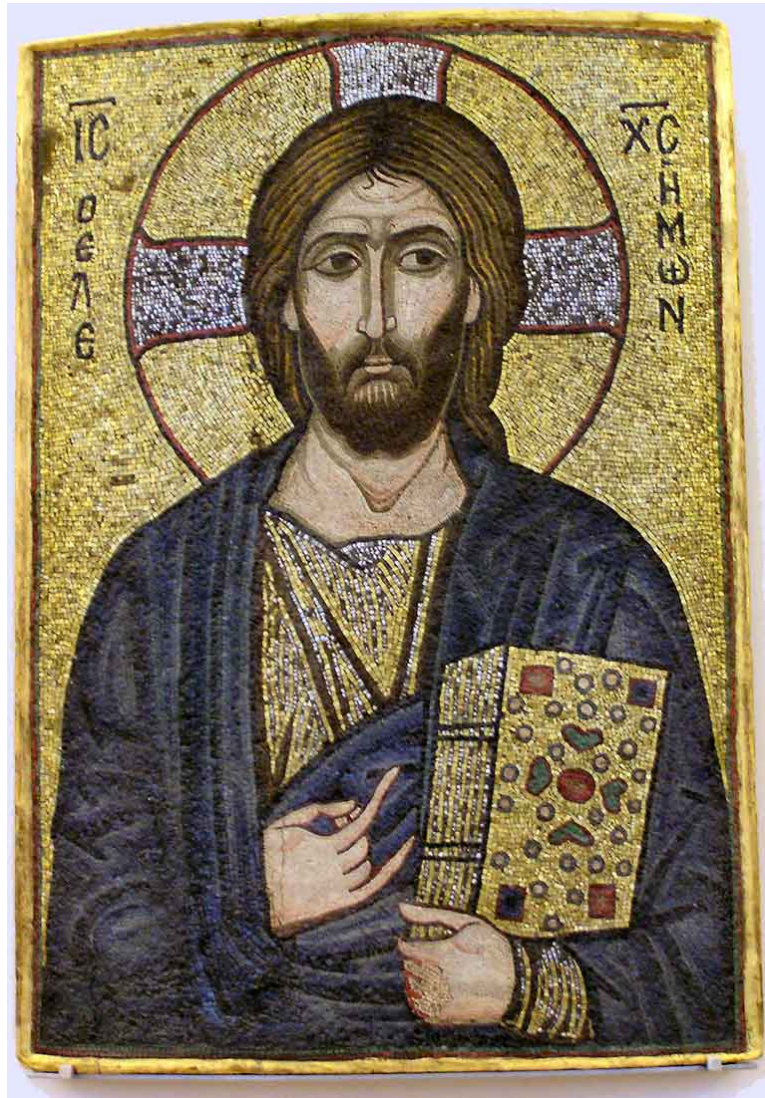


## Everyday Spirituality: The Importance of a Thankful Heart

[Ξένες γλώσσες / In English](#)



Michael Haldas

St. Paul writes in 1 Corinthians 1:4, «I thank my God always concerning you for the grace of God which was given to you by Christ Jesus.» The note in our Orthodox Study Bible that corresponds to this passage reads, «Nothing is so acceptable to God as our thankfulness for His grace, both to us and to others.» This explanatory note is profound and is so important to our well-being because having a thankful heart is ultimately what leads us to love as God loves.

[\(περισσότερα...\)](#)