

Venerable and God-bearing Father Anthony the Great

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Saint Anthony the Great is known as the Father of monasticism, and the long ascetical sermon in The Life of St Anthony by St Athanasius (Sections 16-34), could be called the first monastic Rule.

He was born in Egypt in the village of Coma, near the desert of the Thebaid, in the year 251. His parents were pious Christians of illustrious lineage. Anthony was a serious child and was respectful and obedient to his parents. He loved to attend

church services, and he listened to the Holy Scripture so attentively, that he remembered what he heard all his life. [περισσότερα...](#)