

## Prayer Before Bed

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*Some written prayers are simply better than anything you can think of yourself. There are phrases in this traditional Orthodox “prayer before bed” that speak worlds. “...or seen the beauty of someone and been wounded by it in my heart...”*

### **To the Holy Spirit:**

O Lord, the Heavenly King, the Comforter, the Spirit of Truth: have compassion and mercy on me, Thy sinful servant! Absolve me, who am unworthy. ([περισσότερα...](#))