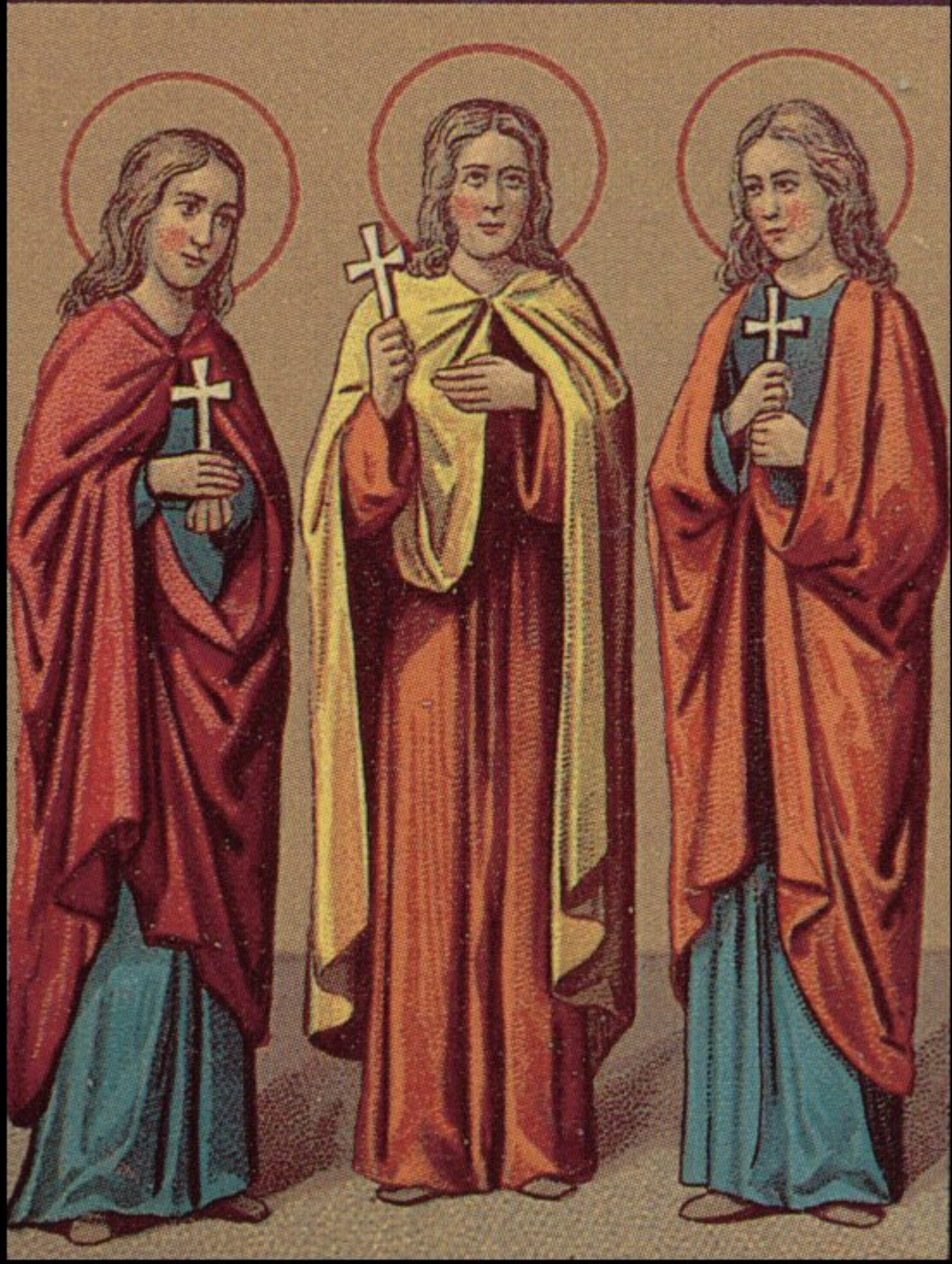


**10** Holy Martyrs: St. Menodora  
♦ St. Nymphodora St. Metrodora



The Holy

## **Martyrs Menodora, Metrodora and Nymphodora**

They were sisters by birth and grew up somewhere in Asian Bithynia. Reared in the spirit of Christianity, they withdrew from the city to the wilderness, wishing to elevate their minds to God and to free themselves of everything in this deceitful world, and to live this life in purity and virginity as true brides of Christ. They dedicated themselves to great labor, fasting and prayer, until God adorned them with the gift of miracle-working. When people began to bring the sick to them for healing, they became well known against their will. A certain governor, Fronton, heard of them and brought them to trial. Upon seeing them, the governor was amazed at the beauty of their faces.

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